APPENDIX 1

oscr

| Truste | es' An | inual Rep | port for t | he pe | eriod | | |
|-------------------|--------|-----------|------------|-------|---------------|-------|------|
| Period start date | | | | | Period end da | | |
| | Day | Month | Year | | Day | Month | Year |
| From | 15 | 11 | 2022 | То | 14 | 11 | 2023 |

Office of the Scottish Charity Regulator

| Reference and administration | details | | | | | |
|--|-----------------------|-------------------|--|--|--|--|
| Charity name Other names charity is known by | Orkney Athletic and F | Running Club | | | | |
| Registered charity number | | | | | | |
| Charity's principal address | C/o Old Schoolhouse | | | | | |
| | Holm | | | | | |
| | Orkney | | | | | |
| | | Postcode KW17 2SB | | | | |

Names of the charity trustees on date of approval of Trustees' Annual Report

| | Trustee name | Office (if any) | Dates acted if not for whole period | |
|----|----------------|------------------------|---|----------|
| 1 | | | Appointed | |
| 2 | Robert Dinsey | Secretary | | |
| 3 | Kay Gilmour | Officials Co-ordinator | | |
| 4 | Inga Linklater | Comm Officer | Resigned | 23/10/23 |
| 5 | Aly MacPhail | Vice-chair | | |
| 6 | Mairi Dennison | Membership Secretary | 20/02/23 | |
| 7 | Craig Moar | Seniors Rep | | |
| 8 | Kirsty Swan | Treasurer | | |
| 9 | Amy Davis | Trustee | 27/03/23 | |
| 10 | Sarah Finn | Trustee | 08/05/23 | |
| 11 | Carrie Gunn | Trustee | 02/10/23 | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

| Dates acted if not for whole year | | |
|-----------------------------------|--|--|
| Resigned – 20/02/23 | | |
| Resigned - 20/02/23 | | |
| Resigned - 23/10/23 | | |
| | | |
| | | |

Structure, governance and management

Type of governing document

The charity is administered in accordance with the terms of the Scottish Charitable Incorporated Organisation constitution.

Trustee recruitment and appointment

The minimum number of trustees permitted is four and the maximum 12. At each AGM, the members may elect any eligible member to be a trustee. The board may also, at any time, elect/appoint any eligible member to be a trustee. At each AGM all charity trustees shall retire from office but shall be eligible for re-election.

Objectives and activities

Charitable purposes

The advancement of public participation in the sport of athletics

Summary of the main activities in relation to these objects

The Club promotes, encourages and develops athletics and running in Orkney, organises and encourages athletes to attend athletic meetings out with Orkney, co-ordinates athletic meetings in Orkney and co-operates with other clubs within and out with the county. The club runs training sessions twice a week for Junior members (Primary & Secondary school aged) and a weekly session for Senior/Adult members - allowing members the chance to try a range of track, field and road events: High Jump, Long Jump, Shot Put, Javelin, sprint/middlendistance/endurance track, Hurdles and road races. The Club aims to run 4 home competitions and 4 road race events a year which are licensed by scottishathletics and also aims to carry out a minimum of two Club trips to competitions on Mainland Scotland as well as supporting individual athletes to compete at an Elite level throughout Scotland, England and Internationally.

The Club accepts members from age 9 upwards and aims to provide a safe and inclusive environment where all ages of athletes can gain the benefits from social interaction, keeping fit whilst having fun and having the opportunity to progress to a higher level of competition

should they wish to do so.

Achievements and performance

Summary of the main achievements of the charity during the financial period

The Club has had a positive year, operating a full schedule of regular training with a clear focus on adding to the coaching team and providing training and development for the volunteer coaches and officials. Primary training was held once a week in four blocks during the year for an average of 40 athletes.

Secondary training was held twice weekly throughout the year, only breaking for Christmas and October holidays, for an average of 55 athletes.

Weekly mid-week track sessions were run for Senior/Adult athletes. There has been a positive response to changes made to the format of these sessions and there has been a steady increase in attendance numbers and memberships throughout the year. The implementation of dedicated admin support has also made a huge difference to the development of this section of the Club.

A successful schedule of competitions, senior race events and away trips were held along with the annual awards ceremony for 2023 returning to its preferred slot in October:

- Three open home competitions and one home championship
- Success for the athletics squad and overall Junior Inter County Orkney team with wins in Shetland
- Four road races and one ultra-endurance event
- Three Club away trips to UK competitions
- Successful Island Games Athletics Team trip to Guernsey
- Purchase of equipment required for competitions and training, including appropriate storage trolleys.

Ongoing progress in implementing/updating policies and procedures required both as a registered Charity and as a requirement of affiliation to scottishathletics.

Ongoing development of the Club website and social media platforms to include regular updates, clear reference data for Club/Orkney records and easier members access to online forms.

OARC athletes participating in competitions/events, achieving a high standard of results, breaking Orkney records and securing Scotland

Successful recruitment to the role of Club Manager (employed by scottishathletics) on an initial 3 year contract.

Financial review

Brief statement of the charity's policy on reserves

OARC aims to operate with sufficient reserves to cover the essential of running costs of the Club for a minimum 6 month period should there be no income / funding secured. This value is deemed to be £20,000 and a formal reserves policy is in place and reviewed annually.

Details of any deficit

N/a

Donated facilities and services (if any)

The club relies heavily on volunteers to be able to operate - all Coaching Staff, Board / Committee / Office Bearers, Officials and Fundraisers are volunteers and the Club is hugely appreciative of the time every individual gives in support of the Club and its athletes.

Sponsorship, Funding and donations are also of great importance to the Club and we gratefully acknowledge all financial support and donations of goods during the year.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| Signature(s) | 7.3 | J. Marphail |
|--------------------------|------------------|-------------|
| Full name(s) | ROBERT DINSET | J. Macphal |
| Position (e.g. Chair) | SECRETARY | TRUSTEE |
| Date | 24/02/24 | 24/2/24 |

Report to the trustees/members of

Independent examiner's report on the accounts

Orkney Athletic and Running Club

Registered charity SC051316 number

On the accounts of the charity for the period

| Period start date | | | | | Period end da | ite |
|-------------------|-------|------|----|-----|---------------|------|
| Day | Month | Year | | Day | Month | Year |
| 05 | 11 | 2022 | to | 14 | 11 | 2023 |
| - 12 | | | | | | |

Respective responsibilities of

Set out on pages

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

trustees and examiner

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

- 1. which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 11/03/24

Signed:

Name:

Relevant professional qualification(s) or body (if any):

David Campbell

Address:

Voluntary Action Orkney

6 Bridge Street

Kirkwall

Orkney KW15 1HR

Orkney Athletic and Running Club Receipts and Payments Accounts Year ended 14th November 2023

| Receipts | Notes | Unrestricted Funds 2023 | Restricted Funds 2023 | Total 2023 | Total 2022 |
|--|-------|----------------------------|--------------------------|---------------|---------------|
| Donations | 3 | 3,344 | | 3,344 | 45,648 |
| Activities for Generating Funds | 4 | 103 | | 103 | 4,969 |
| Charitable Activities | 5 | 29,265 | 5,418 | 34,683 | 30,349 |
| Grants | 6 | | 9,455 | 9,455 | 30,902 |
| Rental of Premises | | | | | |
| Bank interest | | | | | |
| Total Receipts | | 32,712 | 14,873 | 47,585 | 111,868 |
| Payments | | | | | |
| Cost of Generating Funds | | | | | |
| Charitable Activities | 7 | 27,707 | 16,391 | 44,098 | 67,045 |
| Governance Costs | | | | | |
| Other Payments | 8 | | | | |
| Total Payments Transfer between funds | | 27,707 | 16,391 | 44,098 | 67,045 |
| THE TOTAL POST OF THE TOTAL PROPERTY. | | | | | |
| Surplus/(Deficit) for period | | 4,706 | (1,219) | 3,487 | 44,823 |

Orkney Athletic and Running Club Statement of Balances Year ended 14th November 2023

| | Notes | Unrestricted funds 2023 | Restricted funds 2023 | Total 2023 | Total 2022 |
|--|-------|-------------------------|-----------------------|---------------|---------------|
| Bank & Deposit Balances | 2 | | | | |
| Bank and cash balances Brought Forward | | 41,920 | 2,903 | 44,823 | |
| Movement in period: - Surplus/(Deficit) | | 4,706 | (1,219) | 3,487 | 44,823 |
| Bank and cash balances Carried Forward | | 46,626 | 1,684 | 48,310 | 44,823 |

Approved by the Trustees and signed on their behalf,

Position: TREASURER

Dated: 21/02/24

Orkney Athletic and Running Club Notes to the accounts Year ended 14th November 2023

1. Trustee Remuneration and Related Party Transactions

There were no trustee remunerations during the period. 6 trustees received reimbursed expenses amounting to £2,929. The children of 3 trustees received funding from the charity towards the cost of traveling and entering competitions. This funding amounted to £325. Two trustees received travel funding totalling £200.

2. Movement in Funds

| | | As at 14/11/22 | Receipts | Payments | Transfers | As at 14/11/23 |
|-----------------------------|-------|----------------|----------|----------|-----------|----------------|
| Unrestricted funds | | - 7 - 7 - 7 | | | | |
| General fund | | 41,920 | 32,712 | 27,707 | - | 46,925 |
| Restricted funds | Notes | | | | | |
| Community Award for all | | | 2,500 | 1,045 | | 1,455 |
| Foyle Foundation | | | 3,000 | 3,000 | | |
| International IS IIGA | | | 1,730 | 1,730 | | |
| Lows Orkney Ltd | | | 400 | 400 | • | |
| Sheila Fleet | | | 500 | 500 | • | • |
| OTE Kirkwall | | 139 | 500 | 639 | | • |
| Cooke Aquaculture | | 325 | 500 | 825 | | |
| Tesco Groundworks | | 1,125 | | 1,396 | | (271) |
| Grooves | | | 300 | 300 | | |
| Dounby Pharmacy | | | 500 | 299 | | 201 |
| Donaldsons | | | 300 | 300 | | |
| EDJ Advisory Ltd | | • | 1,000 | 1,000 | | |
| Ocean Kinetics | | | 500 | 500 | | |
| F/flow offshore | | | 500 | 500 | | |
| Scottish Athletics | | | 2,225 | 2,225 | | |
| Adult Training & Trips | | | 418 | 418 | | |
| Athletics Island Games Team | 8 | 1,314 | - | 1,314 | • | • |
| | | 2,903 | 14,873 | 16,391 | | 1,385 |
| | | 44,823 | 47,585 | 44,098 | | 48,310 |

Orkney Athletic and Running Club Notes to the accounts (cont) Period ended 14th November 2023

Purpose of Funds Unrestricted funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds

Ocean Kinetics

Funding received to contribute to the costs of: -

Volunteer coach training, Official costs etc Scottish Athletics

Conference, courses & club trips (North District) International IS IIGA

Foyle Foundation Equipment

Equipment Awards for All

Hosting competitions Lows Orkney Ltd Hosting competitions Sheila Fleet

Hosting Kirkwall half marathon OTE Kirkwall

Hosting endurance event & Athlete Travel assistance Cooke Aquaculture

Hosting competitions Donaldsons Hosting competitions Grooves

Scottish Schools club trip **EDJ Advisory Ltd**

West of Orkney Windfarm Equipment Scottish Schools club trip

Coach training and development **Tesco Groundworks**

Hosting Dounby 10K **Dounby Pharmacy**

W Hourston Sponsorship of Medals

Orkney Athletic and Running Club Notes to the accounts (cont) Period ended 14th November 2023

| | Analysis of Receipts | Unrestricted funds 2023 | Restricted funds 2023 | Total 2023 | Total 2022 |
|----|--|-------------------------|-----------------------|---------------|---------------|
| 3. | Donations | | | | |
| | Donations received (inc Gift Aid) | 3,344 | | 3,344 | 2,062 |
| | Donation for Electronic Start System | | | - | 1,500 |
| | Pre charity Athletic & Running Club | - | - | | 42,086 |
| | | 3,344 | - | 3,344 | 45,648 |
| 4. | Activities for Generating Funds | | | | |
| ٠. | Lucky Number Squares | 103 | | 103 | |
| | The Blue Door | | | | 4,969 |
| | | 103 | - | 103 | 4,969 |
| | | | | | |
| 5. | Charitable Activities | | | | |
| | Membership & Coaching fees - ALL | 17,398 | | 17,398 | 17,066 |
| | Competitions/Road Races | 7,910 | 3,500 | 11,410 | 9,881 |
| | Equipment | | 500 | 500 | 406 |
| | Trips | 3,957 | 1,418 | 5,375 | 2,746 |
| | Bank compensation | 20.265 | | 24.602 | 250 |
| | | 29,265 | 5,418 | 34,683 | 30,349 |
| 6. | Grants received | | | | |
| | Inspiring Scotland – Healthy Island Inspiring Scotland – Rural Communities | | | | 13,950 |
| | into Action | | | | 11,477 |
| | Lottery Sportscot | | | | 1,000 |
| | Voluntary Action Orkney | | | | 500 |
| | Cooke Aquaculture | - | | | 1,000 |
| | Tesco Groundworks | | | | 1,125 |
| | F/flow offshore | • | • | • | 500 |
| | Natwest International | | | • | 750 |
| | Scottish Athletics | | 2,225 | 2,225 | 100 |
| | Clyde funding athlete participation | | | - | 500 |
| | Awards for All | | 2,500 | 2,500 | |
| | International IS IIGA | | 1,730 | 1,730 | |
| | Foyle Foundation | | 3,000 | 3,000 | 20.002 |
| | | | 9,455 | 9,455 | 30,902 |

Orkney Athletic and Running Club Notes to the accounts (cont) Year ended 14th November 2023

| | Analysis of Payments | Unrestricted funds 2023 | Restricted funds 2023 | Total 2023 | Total 2022 |
|----|----------------------------------|-------------------------|-----------------------|---------------|---------------|
| 7. | Charitable Activities | | | | |
| | Membership & Coaching fees - ALL | 13,436 | 3,002 | 16,438 | 10,293 |
| | Competitions/Road Races | 861 | 2,914 | 3,775 | 6,286 |
| | Club Together | 2,746 | | 2,746 | |
| | Equipment | 2,327 | 4,545 | 6,872 | 35,546 |
| | Trips | 2,301 | 5,555 | 7,856 | 10,331 |
| | Insurance | 981 | | 981 | 324 |
| | Trophies/awards/medals & kit | 3,115 | | 3,115 | 1,995 |
| | Website | 170 | • | 170 | 1,449 |
| | Administration | 214 | | 214 | 197 |
| | Sundry | 1,556 | 375 | 1,931 | 624 |
| | | 27,707 | 16,391 | 44,098 | 67,045 |

8 Athletics Island Games Team

These funds were held by Orkney Athletic and Running Club (in a separate bank account) on behalf of various athletes who wish to compete in the Island Games. The bank account was closed in October 2023 with all funds remaining transferred to a new account which the Island Games Athletics Team have sole responsibility for.