



Code of Conduct: Junior Athletes Club Trips

It is important that all competitors and officials act in a manner at all times which will enhance the reputation of Orkney and the Club. This Code is in addition to that already signed for general Club activities.

Competitors must:

- Make sure their annual membership form is up to date, especially contact numbers and medical information.
- Always arrive on time.
- Travel with the team at all times, unless other arrangements are made beforehand.
- Competitors must remain with the party at all times and should not leave the travelling group except in the company of an approved adult, having gained permission from a responsible coach.
- Wear team colours throughout the Competition, unless for specified social events (approved by Coach), including travelling to and from the Competition.
- Accept responsibility for their own valuables (even if given to some other person for safekeeping).
- Be considerate, courteous and polite to all staff and customers in any mode of transport and overnight accommodation.
- Only enter the bedroom assigned to them by the team manager.
- Be properly rested and prepared for all events.
- Report any injury to the Coach as soon as possible.
- Compete to the best of their ability.
- Support their fellow team members at all events.
- Be considerate to fellow team members at all times.
- Be courteous and polite to all officials, competitors, spectators etc.
- Conduct themselves with dignity and exhibit good sportsmanship.
- Recognise that they are subject to the instructions and responsibility of the Coach at all times.
- Remember that they are ambassadors for their home island.
- Remember that a team is often judged by the worst incident that is allowed to occur.

Competitors must not:

- Fail to participate in any event (heat or final) without the agreement of the Coach.
- Indulge in alcohol or drugs at any time, irrespective of age.
- Lodge any protest or complaint regarding the officiating or organisation of the competition – the Coach will do this if necessary.

Breaches to Code of Conduct:

- Coaches will deal with minor breaches to the Code and consult parents if deemed necessary. For serious breaches (such as drunk or disorderly) the Chairperson and parents should be notified and facilitate appropriate action.
- For serious incidents the Chairperson should consult with a minimum of 3 Coaches and/or Committee Members before a final decision is made. Disciplinary action will be at the discretion of this group but may include withdrawal from the competition, withdrawal from representing their county again (at junior or senior level), and withdrawal of grant support. Other appropriate

action may also be taken. This course of action applies to all members of the party, who must be aware of the serious implication to them or their team.

Please provide us with up to date information in case of an emergency.

Home address:	
Athlete's Phone Number:	
Parent/Carer Name and Phone Number	
Second Emergency Contact Name and Number	
Athlete's Date of Birth	
Medical Conditions (please write NONE if applicable)	
Medication (please write NONE if applicable)	

In the event of emergency treatment being required, are there any restrictions you wish to impose?

I consider my athlete to be physically fit and capable of full participation in this activity: Yes / No (delete as applicable)

I give my permission for my athlete to take part in coaching sessions and events, including travel: Yes / No (delete as applicable)

I give my permission for my athlete to receive first aid treatment and care as deemed appropriate: Yes / No (delete as applicable)

I give my permission for photographs/video to be taken of my athlete during the competition, to be used solely for the purpose of the Club, Club website and Facebook page, publicity or promotion: Yes / No (delete as applicable)

Athlete		Parent	
Name		Name	
Signature		Signature	
Date		Date	

If you have any questions about this or any welfare issue, please contact our Club Welfare Officer: Inga Linklater, 07786657200, welfare@orkneyarc.org.uk