

North District Track & Field Championships 2012

U12 Girls

U12 Girls 75m (Group 1)

ws +0.1

1	Jasmin Smith	Shetland AAC	U12G	12.48
2	Jennifer Smith	Inverness Harriers AAC	U12G	12.50
3	Sally Campbell	Nairn AAAC	U12G	13.41
4	Anne Mitchell	Moray Road Runners	U12G	14.19
5	Jodi MacKintosh	Nairn AAAC	U12G	14.21

U12 Girls 75m (Group 2)

ws -0.3

1	Leah Ferguson	Nairn AAAC	U12G	12.71	PB
2	Morven Scott	Nairn AAAC	U12G	12.90	PB
3	Emily Munro	Stornoway Running & AC	U12G	13.00	
4	Sarah Murray	Stornoway Running & AC	U12G	14.95	

U12 Girls 75m (Group 3)

ws +0.1

1	Trinity Johnson	North Uist AAC	U12G	11.91	
2	Gemma Riley	Nairn AAAC	U12G	12.34	PB
3	Ellie MacLean	Stornoway Running & AC	U12G	12.94	
4	Holly Rawlinson	Nairn AAAC	U12G	13.03	

U12 Girls 800m (Final)

1	Connie Campbell	Inverness Harriers AAC	U12G	2:57.08	
2	Gemma Riley	Nairn AAAC	U12G	3:06.28	PB
3	Ellie MacLean	Stornoway Running & AC	U12G	3:11.53	
4	Emily Munro	Stornoway Running & AC	U12G	3:18.19	
5	Jasmin Smith	Shetland AAC	U12G	3:22.72	
6	Jennifer Smith	Inverness Harriers AAC	U12G	3:22.98	
7	Trinity Johnson	North Uist AAC	U12G	3:25.15	
8	Sarah Murray	Stornoway Running & AC	U12G	3:35.30	PB
9	Jodi MacKintosh	Nairn AAAC	U12G	3:35.34	

North District Track & Field Championships 2012

U14 Girls

U14 Girls 100m (Final)		ws -2.2		
1	Lauren Alice Bell	Moray Road Runners	U14G	13.48 PB
2	Rebecca Matheson	Elgin AAC	U14G	13.97 PB
3	Eilidh MacLeod	Stornoway Running & AC	U14G	14.18
4	Mhia Mouat	Shetland AAC	U14G	14.60
5	Tamar Moncrieff	Shetland AAC	U14G	14.68
6	Kayla Smith	Orkney Athletic Club	U14G	14.88
7	Lauren Watson	Inverness Harriers AAC	U14G	15.05
8	Rachelle Matheson	Elgin AAC	U14G	15.44
U14 Girls 100m (Heat 1)		ws -0.6		
1	Lauren Alice Bell	Moray Road Runners	U14G	13.55 PB
2	Tamar Moncrieff	Shetland AAC	U14G	14.45
3	Mhia Mouat	Shetland AAC	U14G	14.49
4	Kayla Smith	Orkney Athletic Club	U14G	14.60
5	Rachelle Matheson	Elgin AAC	U14G	15.09
6	Kirsten Flett	Orkney Athletic Club	U14G	15.35
7	Mia MacKintosh	Nairn AAAC	U14G	16.13
U14 Girls 100m (Heat 2)		ws -0.5		
1	Rebecca Matheson	Elgin AAC	U14G	13.90 PB
2	Mary Wescott	Nairn AAAC	U14G	15.46
3	Elsa Bain	Orkney Athletic Club	U14G	15.71 PB
4	Mia McAllister	Orkney Athletic Club	U14G	15.86 PB
5	Sophie Black	Shetland AAC	U14G	16.17
U14 Girls 100m (Heat 3)		ws -1.4		
1	Lauren Watson	Inverness Harriers AAC	U14G	15.01
2	Beth MacIver	Inverness Harriers AAC	U14G	15.26
3	Hannah Suiter	Nairn AAAC	U14G	15.53
4	Rebecca Mooney	Orkney Athletic Club	U14G	16.05
5	Rachael Cowie	Caithness AAC	U14G	16.40
6	Laura MacKay	North Uist AAC	U14G	16.55
7	Georgia Fraser	Nairn AAAC	U14G	17.46
U14 Girls 100m (Heat 4)		ws -1.7		
1	Eilidh MacLeod	Stornoway Running & AC	U14G	14.29
2	Mairi MacIntosh	North Uist AAC	U14G	15.38
3	Kayreen Louise MacLeod	North Uist AAC	U14G	16.12
4	Kirsty MacLean	North Uist AAC	U14G	16.70
5	Hannah MacDonald	North Uist AAC	U14G	16.88
6	Hannah Rawlinson	Nairn AAAC	U14G	17.26
U14 Girls 200m (Final)		ws -1.8		
1	Rebecca Matheson	Elgin AAC	U14G	28.93
2	Eilidh MacLeod	Stornoway Running & AC	U14G	29.78
3	Megan Munro	Inverness Harriers AAC	U14G	30.16 PB
4	Ava Williams	Shetland AAC	U14G	30.48
5	Beth MacIver	Inverness Harriers AAC	U14G	31.07
U14 Girls 200m (Heat 1)		ws -1.8		
1	Rebecca Matheson	Elgin AAC	U14G	29.33
2	Ava Williams	Shetland AAC	U14G	30.06 PB
3	Megan Munro	Inverness Harriers AAC	U14G	30.30 PB
4	Mhia Mouat	Shetland AAC	U14G	30.35
5	Maya Stewart-Rizza	Inverness Harriers AAC	U14G	31.05
6	Rachelle Matheson	Elgin AAC	U14G	32.35
7	Kirsten Flett	Orkney Athletic Club	U14G	32.85 PB
8	Eilidh Magill	Inverness Harriers AAC	U14G	33.85

North District Track & Field Championships 2012

U14 Girls 200m (Heat 2)

ws -3.3

1	Eilidh MacLeod	Stornoway Running & AC	U14G	29.41
2	Beth MacIver	Inverness Harriers AAC	U14G	30.87
3	Amy Davis	Orkney Athletic Club	U14G	31.26
4	Charlotte Hill	Inverness Harriers AAC	U14G	31.40 PB
5	Jenny Campbell	Nairn AAAC	U14G	31.82 PB
6	Kayreen Louise MacLeod	North Uist AAC	U14G	34.54
7	Joanna Walker	South Uist & Eriskay AC	U14G	34.89

U14 Girls 75m Hurdles (Final)

ws -0.6

1	Lauren Alice Bell	Moray Road Runners	U14G	12.30 PB
2	Maya Stewart-Rizza	Inverness Harriers AAC	U14G	12.66
3	Kayla Smith	Orkney Athletic Club	U14G	13.90
4	Mairi MacIntosh	North Uist AAC	U14G	15.06
5	Hannah Suiter	Nairn AAAC	U14G	15.75
6	Eilidh Magill	Inverness Harriers AAC	U14G	15.87
7	Kloe Gibson	Nairn AAAC	U14G	16.09 PB
8	Jenny Campbell	Nairn AAAC	U14G	16.30 PB

U14 Girls 75m Hurdles (Heat 1)

ws -0.3

1	Lauren Alice Bell	Moray Road Runners	U14G	12.31
2	Kayla Smith	Orkney Athletic Club	U14G	14.34
3	Eilidh Magill	Inverness Harriers AAC	U14G	15.73 PB
4	Hannah Suiter	Nairn AAAC	U14G	16.06
5	Jenny Campbell	Nairn AAAC	U14G	16.28 PB
6	Mary Wescott	Nairn AAAC	U14G	17.10

U14 Girls 75m Hurdles (Heat 2)

ws -1.8

1	Maya Stewart-Rizza	Inverness Harriers AAC	U14G	13.11
2	Mairi MacIntosh	North Uist AAC	U14G	15.76
3	Kloe Gibson	Nairn AAAC	U14G	16.32 PB
4	Erin Britton	Caithness AAC	U14G	16.90

U14 Girls 800m (Final)

1	Ava Williams	Shetland AAC	U14G	2:42.13
2	Ashleigh Howells	Forres Harriers	U14G	2:45.93 PB
3	Josie Steele	Inverness Harriers AAC	U14G	2:47.67
4	Megan Munro	Inverness Harriers AAC	U14G	2:49.46
5	Charlotte Hill	Inverness Harriers AAC	U14G	2:50.13 PB
6	Amy Davis	Orkney Athletic Club	U14G	2:51.21
7	Elsa Bain	Orkney Athletic Club	U14G	2:54.32 PB

U14 Girls 800m (Heat 1)

1	Ava Williams	Shetland AAC	U14G	2:38.49 PB
2	Amy Davis	Orkney Athletic Club	U14G	2:40.53 PB
3	Josie Steele	Inverness Harriers AAC	U14G	2:40.63 PB
4	Ashleigh Howells	Forres Harriers	U14G	2:43.18 PB
5	Charlotte Hill	Inverness Harriers AAC	U14G	2:43.58 PB
6	Megan Munro	Inverness Harriers AAC	U14G	2:44.64 PB
7	Katie Scott	Nairn AAAC	U14G	2:46.79

U14 Girls 800m (Heat 2)

1	Constance Nankivell	East Sutherland AC	U14G	2:50.39
2	Louise Sutherland	Orkney Athletic Club	U14G	2:53.51 PB
3	Sophie Black	Shetland AAC	U14G	3:00.77 PB
4	Hannah Rawlinson	Nairn AAAC	U14G	3:00.78 PB
5	Isla Harcus	Orkney Athletic Club	U14G	3:08.37 PB
6	Isla Leslie	Orkney Athletic Club	U14G	3:20.99 PB
7	Hannah MacLellan	North Uist AAC	U14G	3:22.81

North District Track & Field Championships 2012

U14 Girls 800m (Heat 3)

1	Elsa Bain	Orkney Athletic Club	U14G	2:52.90	PB
2	Kirsty MacLean	North Uist AAC	U14G	2:55.90	
3	Rosie Nankivell	East Sutherland AC	U14G	2:58.45	
4	Freya MacLeod	Stornoway Running & AC	U14G	2:59.22	
5	Rebecca Mooney	Orkney Athletic Club	U14G	3:07.47	
6	Rachael Cowie	Caithness AAC	U14G	3:10.93	
7	Mia MacKintosh	Nairn AAAC	U14G	3:46.00	

U14 Girls Discus (0.75kg)

1	Erin Montgomery	Orkney Athletic Club	U14G	16.95	PB
2	Katie Stark	Inverness Harriers AAC	U14G	16.64	
3	Stephanie Evers	Caithness AAC	U14G	15.64	PB

U14 Girls High Jump

1	Amy Davis	Orkney Athletic Club	U14G	1.30	
2	Maya Stewart-Rizza	Inverness Harriers AAC	U14G	1.30	
3	Eilidh MacLeod	Stornoway Running & AC	U14G	1.20	
4	Jenny Campbell	Nairn AAAC	U14G	1.15	
5	Georgia Fraser	Nairn AAAC	U14G	1.15	
6	Erin Britton	Caithness AAC	U14G	1.10	
7	Hannah Rawlinson	Nairn AAAC	U14G	1.00	

U14 Girls Javelin (400g)

1	Erin Montgomery	Orkney Athletic Club	U14G	23.13	PB
2	Stephanie Evers	Caithness AAC	U14G	19.40	PB
3	Katie Stark	Inverness Harriers AAC	U14G	16.22	
4	Sasha Miller	Orkney Athletic Club	U14G	16.22	
5	Kloe Gibson	Nairn AAAC	U14G	13.26	PB
6	Caitlin MacKenzie	Stornoway Running & AC	U14G	12.87	PB
7	Beth MacIver	Inverness Harriers AAC	U14G	12.09	
8	Eilidh Magill	Inverness Harriers AAC	U14G	10.78	PB

U14 Girls Long Jump

1	Kayla Smith	Orkney Athletic Club	U14G	4.13	
2	Josie Steele	Inverness Harriers AAC	U14G	3.96	PB
3	Kirsten Flett	Orkney Athletic Club	U14G	3.85	PB
4	Lauren Watson	Inverness Harriers AAC	U14G	3.84	PB
5	Tamar Moncrieff	Shetland AAC	U14G	3.76	PB
6	Charlotte Hill	Inverness Harriers AAC	U14G	3.58	PB
7	Megan Munro	Inverness Harriers AAC	U14G	3.57	PB
8	Mary Wescott	Nairn AAAC	U14G	3.34	
9	Freya MacLeod	Stornoway Running & AC	U14G	3.32	
10	Mia McAllister	Orkney Athletic Club	U14G	3.22	PB
11	Hannah MacDonald	North Uist AAC	U14G	3.17	
12	Sophie Black	Shetland AAC	U14G	3.09	
13	Louise Sutherland	Orkney Athletic Club	U14G	3.06	
14	Hannah Suiter	Nairn AAAC	U14G	3.05	
15	Elsa Bain	Orkney Athletic Club	U14G	3.02	
16	Rebecca Mooney	Orkney Athletic Club	U14G	2.98	
17	Mia MacKintosh	Nairn AAAC	U14G	2.81	
18	Rachael Cowie	Caithness AAC	U14G	2.78	
19	Joanna Walker	South Uist & Eriskay AC	U14G	2.67	
20	Hannah MacLellan	North Uist AAC	U14G	2.64	
21	Isla Leslie	Orkney Athletic Club	U14G	2.49	
22	Isla Harcus	Orkney Athletic Club	U14G	2.48	
23	Laura MacKay	North Uist AAC	U14G	2.35	

North District Track & Field Championships 2012

U14 Girls Shot Putt (2.72kg)

1	Katie Stark	Inverness Harriers AAC	U14G	8.94	CBP
2	Katie Scott	Nairn AAAC	U14G	8.51	PB
3	Erin Montgomer	Orkney Athletic Club	U14G	7.43	PB
4	Stephanie Evers	Caithness AAC	U14G	6.34	PB
5	Sasha Miller	Orkney Athletic Club	U14G	6.17	
6	Catriona MacLeod	North Uist AAC	U14G	5.98	
7	Caitlin MacKenzie	Stornoway Running & AC	U14G	5.54	
8	Louise Sutherland	Orkney Athletic Club	U14G	5.54	
9	Isla Harcus	Orkney Athletic Club	U14G	4.24	

North District Track & Field Championships 2012

U16 Girls

U16 Girls 100m (Final)		ws -2.6		
1	Abbie MacKay	Stornoway Running & AC	U16G	13.67
2	Taylah Spence	Orkney Athletic Club	U16G	13.79
3	Jodie Drever	Orkney Athletic Club	U16G	13.98
4	Kristi Grant	Shetland AAC	U16G	14.26
5	Catie Kersley	Caithness AAC	U16G	14.48
6	Sophie Moar	Shetland AAC	U16G	14.49
7	Molly Morgan	Shetland AAC	U16G	14.56
U16 Girls 100m (Heat 1)		ws + 0.6		
1	Taylah Spence	Orkney Athletic Club	U16G	13.62
2	Jodie Drever	Orkney Athletic Club	U16G	13.70
3	Abbie MacKay	Stornoway Running & AC	U16G	13.84
4	Kristi Grant	Shetland AAC	U16G	14.21
5	Sophie Moar	Shetland AAC	U16G	14.22
6	Molly Morgan	Shetland AAC	U16G	14.31
7	Megan Grant	Shetland AAC	U16G	14.67
8	Krissi Sandison	Shetland AAC	U16G	14.68
U16 Girls 100m (Heat 2)		ws -1.7		
1	Catie Kersley	Caithness AAC	U16G	14.52
2	Jodie Sandison	Shetland AAC	U16G	14.92
3	Yasmin Hitchin	Shetland AAC	U16G	15.19
4	Katlyn MacLellan	North Uist AAC	U16G	15.60
5	Rebecca Steele	South Uist & Eriskay AC	U16G	15.65
6	Mhari Anne Jamieson	Shetland AAC	U16G	16.64
U16 Girls 1500m (Final)				
1	Lucy Massie	Forres Harriers	U16G	5:19.35
2	Hanna Cleghorn	East Sutherland AC	U16G	5:24.56
3	Hannah Blackburn	Nairn AAAC	U16G	5:56.05
4	Jennifer Bichan	Orkney Athletic Club	U16G	5:57.37 PB
5	Zoe Haywood	Forres Harriers	U16G	6:17.56
U16 Girls 200m (Final)		ws -4.7		
1	Abbie MacKay	Stornoway Running & AC	U16G	28.54 PB
2	Siobhan Kingham	Elgin AAC	U16G	29.14
3	Jodie Drever	Orkney Athletic Club	U16G	29.25
4	Carey Ross	Inverness Harriers AAC	U16G	29.32
5	Kristi Grant	Shetland AAC	U16G	29.78
6	Krissi Sandison	Shetland AAC	U16G	30.16
7	Dana Sutherland	Orkney Athletic Club	U16G	30.57
8	Fern MacDonald	North Uist AAC	U16G	31.27
U16 Girls 200m (Heat 1)		ws +0.1		
1	Abbie MacKay	Stornoway Running & AC	U16G	28.82 PB
2	Jodie Drever	Orkney Athletic Club	U16G	28.87
3	Siobhan Kingham	Elgin AAC	U16G	29.07
4	Kristi Grant	Shetland AAC	U16G	29.68
5	Joanna MacDonald	Ross County AC	U16G	30.74
U16 Girls 200m (Heat 2)		ws -2.1		
1	Carey Ross	Inverness Harriers AAC	U16G	29.05 PB
2	Dana Sutherland	Orkney Athletic Club	U16G	29.64
3	Krissi Sandison	Shetland AAC	U16G	30.01
4	Hannah Campbell	Nairn AAAC	U16G	30.69 PB
5	Jodie Sandison	Shetland AAC	U16G	30.77
U16 Girls 200m (Heat 3)		ws -3.1		
1	Fern MacDonald	North Uist AAC	U16G	30.55
2	Yasmin Hitchin	Shetland AAC	U16G	30.84 PB
3	Georgia MacLennan	Stornoway Running & AC	U16G	30.88
4	Rhiannon Kirk	Caithness AAC	U16G	32.20
5	Rebecca Steele	South Uist & Eriskay AC	U16G	33.27

North District Track & Field Championships 2012

U16 Girls 300m (Final)

1	Gillian Gordon	Inverness Harriers AAC	U16G	43.22	
2	Dionne Milne	Moray Road Runners	U16G	45.06	PB
3	Sarah MacPhail	Orkney Athletic Club	U16G	45.58	PB
4	Zoe Haywood	Forres Harriers	U16G	47.92	PB
5	Hannah Blackburn	Nairn AAAC	U16G	48.17	
6	Cara Steven	Shetland AAC	U16G	48.85	
7	Megan Grant	Shetland AAC	U16G	48.95	
8	Georgia MacLennan	Stornoway Running & AC	U16G	51.56	

U16 Girls 300m (Heat 1)

1	Dionne Milne	Moray Road Runners	U16G	45.14	PB
2	Sarah MacPhail	Orkney Athletic Club	U16G	45.47	PB
3	Zoe Haywood	Forres Harriers	U16G	48.02	PB
4	Georgia MacLennan	Stornoway Running & AC	U16G	50.08	
5	Hayley Duncan	Orkney Athletic Club	U16G	50.81	

U16 Girls 300m (Heat 2)

1	Gillian Gordon	Inverness Harriers AAC	U16G	44.25	
2	Hannah Blackburn	Nairn AAAC	U16G	47.43	
3	Cara Steven	Shetland AAC	U16G	48.08	
4	Megan Grant	Shetland AAC	U16G	48.60	

U16 Girls 800m (Final)

1	Heather Campbell	Inverness Harriers AAC	U16G	2:27.84	PB
2	Carey Ross	Inverness Harriers AAC	U16G	2:30.02	
3	Cara Steven	Shetland AAC	U16G	2:35.42	PB
4	Fern MacDonald	North Uist AAC	U16G	2:36.70	PB
5	Rhiannon Kirk	Caithness AAC	U16G	2:39.33	
6	Molly Morgan	Shetland AAC	U16G	2:43.13	PB
7	Ella Conolly	Nairn AAAC	U16G	2:49.77	

U16 Girls 80m Hurdles (Final)

ws -2.7

1	Shannon Sutherland	Nairn AAAC	U16G	14.19	PB
2	Molly Morgan	Shetland AAC	U16G	15.86	
3	Katlyn MacLellan	North Uist AAC	U16G	15.99	
4	Mhari Anne Jamieson	Shetland AAC	U16G	16.15	

U16 Girls 80m Hurdles (Heat 1)

1	Shannon Sutherland	Nairn AAAC	U16G	14.18	PB
2	Catie Kersley	Caithness AAC	U16G	14.91	PB
3	Joanna MacDonald	Ross County AC	U16G	15.13	
4	Carly Grant	Inverness Harriers AAC	U16G	24.60	

U16 Girls 80m Hurdles (Heat 2)

1	Molly Morgan	Shetland AAC	U16G	16.12	
2	Mhari Anne Jamieson	Shetland AAC	U16G	16.16	
3	Katlyn MacLellan	North Uist AAC	U16G	16.69	

U16 Girls Discus (1kg)

1	Dionne Milne	Moray Road Runners	U16G	37.64	PB CBP
2	Shannon Sutherland	Nairn AAAC	U16G	25.24	PB
3	Mary Flockhart	Inverness Harriers AAC	U16G	22.14	PB

U16 Girls Hammer (3kg)

1	Dionne Milne	Moray Road Runners	U16G	26.80	PB
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U16 Girls High Jump

1	Sarah MacPhail	Orkney Athletic Club	U16G	1.50	
2	Shannon Sutherland	Nairn AAAC	U16G	1.45	
3	Sophie Moar	Shetland AAC	U16G	1.45	PB
4	Taylah Spence	Orkney Athletic Club	U16G	1.40	
5 =	Hannah Campbell	Nairn AAAC	U16G	1.35	
5 =	Joanna MacDonald	Ross County AC	U16G	1.35	
7	Mhari Anne Jamieson	Shetland AAC	U16G	1.20	

North District Track & Field Championships 2012

U16 Girls Javelin (600g)

1	Thora Cant	Orkney Athletic Club	U16G	33.36	CBP
2	Claire Johnston	Shetland AAC	U16G	28.18	
3	Mary Flockhart	Inverness Harriers AAC	U16G	26.14	PB
4	Dana Sutherland	Orkney Athletic Club	U16G	20.68	PB
5	Eliza Perdu	Shetland AAC	U16G	19.57	
6	Sadie Braham	Orkney Athletic Club	U16G	19.06	

U16 Girls Long Jump

1	Gillian Gordon	Inverness Harriers AAC	U16G	4.75	
2	Dana Sutherland	Orkney Athletic Club	U16G	4.57	
3	Siobhan Kingham	Elgin AAC	U16G	4.54	
4	Abbie MacKay	Stornoway Running & AC	U16G	4.43	
5	Jodie Drever	Orkney Athletic Club	U16G	4.35	
6	Cara Steven	Shetland AAC	U16G	4.09	
7	Sophie Moar	Shetland AAC	U16G	4.06	
8	Hannah Campbell	Nairn AAAC	U16G	3.96	
9	Yasmin Hitchin	Shetland AAC	U16G	3.95	
10	Ella Conolly	Nairn AAAC	U16G	3.74	
11	Jodie Sandison	Shetland AAC	U16G	3.57	
12	Megan Grant	Shetland AAC	U16G	3.53	
13	Jennifer Bichan	Orkney Athletic Club	U16G	3.34	PB
14	Krissi Sandison	Shetland AAC	U16G	3.20	

U16 Girls Shot Putt (3.25kg)

1	Alison Horne	Inverness Harriers AAC	U16G	9.49	
2	Claire Johnston	Shetland AAC	U16G	8.69	PB
3	Thora Cant	Orkney Athletic Club	U16G	7.19	PB
4	Ella Conolly	Nairn AAAC	U16G	6.74	
5	Sadie Braham	Orkney Athletic Club	U16G	6.59	
6	Eliza Perdu	Shetland AAC	U16G	6.30	PB
7	Jennifer Bichan	Orkney Athletic Club	U16G	4.80	PB

North District Track & Field Championships 2012

U18 Women

U18 Women 100m (Final)		ws -0.7			
1	Jenny McTaggart	Stornoway Running & AC	U18W	13.43	
2	Natalie MacDonald	Inverness Harriers AAC	U18W	13.65	
3	Alicia MacSween	Stornoway Running & AC	U18W	13.85	
U18 Women 100m Hurdles (Final)		ws -0.3			
1	Anna Nelson	Inverness Harriers AAC	U18W	15.55	PB
2	Jennie Will	Inverness Harriers AAC	U18W	17.05	
U18 Women 1500m (Final)					
1	Mhairi MacLennan	Inverness Harriers AAC	U18W	5:11.04	
2	Bethany Wilson	Moray Road Runners	U18W	5:41.70	
U18 Women 1500m Steeple Chase (Final)					
1	Bethany Wilson	Moray Road Runners	U18W	6:05.57	
U18 Women 200m (Final)		ws -1.4			
1	Sarah Henderson	Caithness AAC	U18W	28.01	
2	Jenny McTaggart	Stornoway Running & AC	U18W	28.22	
3	Natalie MacDonald	Inverness Harriers AAC	U18W	28.49	
U18 Women 300m (Final)					
1	Katie Snedden	Inverness Harriers AAC	U18W	43.57	
2	Sarah Henderson	Caithness AAC	U18W	46.63	
U18 Women 300m Hurdles (Final)					
1	Anna Nelson	Inverness Harriers AAC	U18W	46.56	PB CBP
2	Jennie Will	Inverness Harriers AAC	U18W	51.03	
U18 Women Discus (1kg)					
1	Emma Bowie	Moray Road Runners	U18W	31.45	PB
U18 Women Hammer (4kg)					
1	Emma Bowie	Moray Road Runners	U18W	38.81	
U18 Women High Jump					
1	Anna Nelson	Inverness Harriers AAC	U18W	1.60	
U18 Women Javelin (600g)					
1	Shannon Eyers	Caithness AAC	U18W	27.62	
U18 Women Long Jump					
1	Alicia MacSween	Stornoway Running & AC	U18W	5.02	PB
2	Jenny McTaggart	Stornoway Running & AC	U18W	4.84	
3	Lucy Forsyth	Inverness Harriers AAC	U18W	4.52	
U18 Women Triple Jump					
1	Lucy Forsyth	Inverness Harriers AAC	U18W	9.70	

U20 Women

U20 Women 200m (Final)		ws -3.7			
1	Allie Elphinstone	Shetland AAC	U20W	29.63	
U20 Women 400m (Final)					
1	Allie Elphinstone	Shetland AAC	U20W	64.03	PB
U20 Women Hammer (4kg)					
1	Kelly Bodley	Ellon AC	U20W	39.27	
U20 Women Javelin (600g)					
1	Paula Gass	Inverness Harriers AAC	U20W	35.03	

North District Track & Field Championships 2012

Senior Women

Senior Women 100m (Final)

1	Eleanor Briggs	Inverness Harriers AAC	SW	13.22
2	Katie Munro	Inverness Harriers AAC	SW	13.97

Senior Women 1500m (Final)

1	Jenny Bannerman	Inverness Harriers AAC	SW	4:49.60	PB
2	Emma Atkinson	Inverness Harriers AAC	SW	5:16.76	PB

Senior Women 200m (Final)

ws -3.7

1	Eleanor Briggs	Inverness Harriers AAC	SW	27.29
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Senior Women 5000m (Final)

1	Moira Davie	Forres Harriers	SW	18:57.27
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Senior Women Discus (1kg)

1	Kerri Cameron	Nairn AAAC	SW	32.18	PB
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Senior Women Hammer (4kg)

1	Elaine Park	Shetland AAC	SW	33.24
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Senior Women High Jump

1	Rachael MacKenzie	Inverness Harriers AAC	SW	1.65
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Senior Women Triple Jump

1	Rachael MacKenzie	Inverness Harriers AAC	SW	9.74
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U12 Boys

U12 Boys 75m (Group 1)

ws +0.2

1	Seamas MacKay	Shetland AAC	U12B	11.79	
2	Dylan Black	Shetland AAC	U12B	12.19	
3	Finlay MacVicar	North Uist AAC	U12B	12.73	
4	Ethan Walsh	Nairn AAAC	U12B	12.88	PB
5	Ryan Knox	Nairn AAAC	U12B	13.16	
6	Toran Simmons	Nairn AAAC	U12B	13.17	

U12 Boys 75m (Group 2)

ws +0.3

1	Evan Tranyner	Stornoway Running & AC	U12B	12.23
2	David Scott	Forres Harriers	U12B	12.75
3	Struan Oliver-Jones	East Sutherland AC	U12B	13.46
4	Blair Milne	Moray Road Runners	U12B	13.93
5	Joshua Milne	Moray Road Runners	U12B	14.10

U12 Boys 800m (Final)

1	Seamas MacKay	Shetland AAC	U12B	2:40.87	PB
2	Finlay MacVicar	North Uist AAC	U12B	2:45.78	
3	Adam Allan	East Sutherland AC	U12B	2:46.75	
4	Shane Turney	East Sutherland AC	U12B	2:47.48	PB
5	Taran Squire	East Sutherland AC	U12B	2:50.03	PB
6	Dylan Black	Shetland AAC	U12B	2:55.96	PB
7	Ryan Knox	Nairn AAAC	U12B	3:02.91	
8	Evan Tranyner	Stornoway Running & AC	U12B	3:07.77	
9	Struan Oliver-Jones	East Sutherland AC	U12B	3:08.65	
10	Blair Milne	Moray Road Runners	U12B	3:09.90	PB
11	Joshua Milne	Moray Road Runners	U12B	3:10.77	PB
12	David Scott	Forres Harriers	U12B	3:16.59	
13	Toran Simmons	Nairn AAAC	U12B	3:17.18	
14	Ethan Walsh	Nairn AAAC	U12B	3:38.37	

North District Track & Field Championships 2012

U14 Boys

U14 Boys 100m (Final)

ws -3.1

1	Lewis Hendry	Elgin AAC	U14B	13.45	PB
2 =	Andrew Stoker	Moray Road Runners	U14B	13.81	
2 =	Chris MacKay	Orkney Athletic Club	U14B	13.81	
4	Calum Fraser	North Uist AAC	U14B	14.31	
5	Steven McLeod	Shetland AAC	U14B	15.01	
6	Bobby Laurenson	Shetland AAC	U14B	15.38	
7	Lewis MacFarlane	Inverness Harriers AAC	U14B	15.66	
8	Finlay Mercer	Shetland AAC	U14B	15.82	

U14 Boys 100m (Heat 1)

ws +0.5

1	Andrew Stoker	Moray Road Runners	U14B	13.61	
2	Chris MacKay	Orkney Athletic Club	U14B	13.76	
3	Lewis MacFarlane	Inverness Harriers AAC	U14B	14.03	PB
4	Bobby Laurenson	Shetland AAC	U14B	14.99	
5	Donald John MacMillan	North Uist AAC	U14B	16.15	

U14 Boys 100m (Heat 2)

ws -2.1

1	Lewis Hendry	Elgin AAC	U14B	13.22	PB
2	Calum Fraser	North Uist AAC	U14B	14.41	
3	Steven McLeod	Shetland AAC	U14B	14.52	
4	Finlay Mercer	Shetland AAC	U14B	15.78	PB
5	Ross Budge	Stornoway Running & AC	U14B	15.88	PB
6	Calum Binnie	South Uist & Eriskay AC	U14B	15.90	
7	Stuart Kirk	Caithness AAC	U14B	16.83	

U14 Boys 200m (Final)

ws -0.2

1	Lewis Hendry	Elgin AAC	U14B	28.36	
2	Andrew Stoker	Moray Road Runners	U14B	28.88	
3	Conor Cormack	Caithness AAC	U14B	29.13	PB
4	Joe Arnaud	Inverness Harriers AAC	U14B	32.35	PB
5	Finlay Mercer	Shetland AAC	U14B	33.03	PB
6	Finlay Saunders	Inverness Harriers AAC	U14B	33.86	

U14 Boys 200m (Heat 1)

ws -1.8

1	Andrew Stoker	Moray Road Runners	U14B	28.28	
2	Conor Cormack	Caithness AAC	U14B	28.98	PB
3	Lewis MacFarlane	Inverness Harriers AAC	U14B	30.63	

U14 Boys 200m (Heat 2)

ws -0.6

1	Lewis Hendry	Elgin AAC	U14B	27.43	PB
2	Bobby Laurenson	Shetland AAC	U14B	31.26	PB
3	Joe Arnaud	Inverness Harriers AAC	U14B	31.36	PB
4	Finlay Saunders	Inverness Harriers AAC	U14B	32.22	PB
5	Finlay Mercer	Shetland AAC	U14B	32.28	PB
6	Duncan Biddulph	North Uist AAC	U14B	32.59	
7	Hugh McKenzie	Stornoway Running & AC	U14B	33.42	

U14 Boys 800m (Final)

1	Eoghann Gollan	East Sutherland AC	U14B	2:27.87	PB
2	Ruairdh Oliver-Jones	East Sutherland AC	U14B	2:29.83	PB
3	Hugh McKenzie	Stornoway Running & AC	U14B	2:32.88	
4	Finlay Todd	Ross County AC	U14B	2:41.09	PB
5	Kyle Munro	Stornoway Running & AC	U14B	2:42.17	
6	Rory Mighton	Stornoway Running & AC	U14B	2:49.62	
7	Alexander MacLeod	Caithness AAC	U14B	2:52.37	

U14 Boys 800m (Heat 1)

1	Ruairdh Oliver-Jones	East Sutherland AC	U14B	2:26.35	PB
2	Eoghann Gollan	East Sutherland AC	U14B	2:33.24	PB
3	Joe Arnaud	Inverness Harriers AAC	U14B	2:34.32	PB
4	Finlay Todd	Ross County AC	U14B	2:36.37	PB
5	Kyle Munro	Stornoway Running & AC	U14B	2:39.15	PB
6	Ruairdh Fraser	Inverness Harriers AAC	U14B	2:50.72	
7	Stuart Kirk	Caithness AAC	U14B	3:01.62	

North District Track & Field Championships 2012

U14 Boys 800m (Heat 2)

1	Hugh McKenzie	Stornoway Running & AC	U14B	2:44.52	
2	Rory Mighton	Stornoway Running & AC	U14B	2:44.86	
3	Alexander MacLeod	Caithness AAC	U14B	2:46.51	
4	Bobby Laurenson	Shetland AAC	U14B	2:49.55	PB
5	Sam Worthing	Inverness Harriers AAC	U14B	2:52.84	PB
6	Calum Craib	North Uist AAC	U14B	3:02.96	
7	Robert Thompson	Caithness AAC	U14B	3:11.76	

U14 Boys 80m Hurdles (Final)

ws -2.2

1	Lewis MacFarlane	Inverness Harriers AAC	U14B	16.52	PB
2	Ross Budge	Stornoway Running & AC	U14B	16.65	
3	Joe Arnaud	Inverness Harriers AAC	U14B	17.05	PB
4	Mark Green	Inverness Harriers AAC	U14B	17.62	
5	Stuart Kirk	Caithness AAC	U14B	17.69	

U14 Boys Discus (1kg)

1	Alex Geddes	Inverness Harriers AAC	U14B	18.85	PB
2	Ewan Ogilvie	Ross County AC	U14B	15.97	
3	Rory Ferguson	Nairn AAAC	U14B	15.74	PB
4	Matthew Grant	Ross County AC	U14B	12.76	
5	Uisdean Smith	Stornoway Running & AC	U14B	12.52	
6	Harry Siderfin	Orkney Athletic Club	U14B	10.18	

U14 Boys High Jump

1	Chris MacKay	Orkney Athletic Club	U14B	1.52	PB	CBP
2	Rory Mighton	Stornoway Running & AC	U14B	1.25		
3	Kyle Munro	Stornoway Running & AC	U14B	1.20		
4	Calum Binnie	South Uist & Eriskay AC	U14B	1.20		

U14 Boys Javelin (400g)

1	Ewan Ogilvie	Ross County AC	U14B	24.66	
2	Harry Siderfin	Orkney Athletic Club	U14B	24.03	PB
3	Rory Ferguson	Nairn AAAC	U14B	20.96	PB
4	Lewis Ross	Inverness Harriers AAC	U14B	20.95	
5	Steven McLeod	Shetland AAC	U14B	20.24	
6	Alex Geddes	Inverness Harriers AAC	U14B	17.12	PB
7	Uisdean Smith	Stornoway Running & AC	U14B	14.17	
8	Charles Angus	Caithness AAC	U14B	11.34	
9	Sam Worthing	Inverness Harriers AAC	U14B	11.04	

U14 Boys Long Jump

1	Calum Fraser	North Uist AAC	U14B	4.29	
2	Andrew Stoker	Moray Road Runners	U14B	4.22	
3	Conor Cormack	Caithness AAC	U14B	4.18	PB
4	Steven McLeod	Shetland AAC	U14B	3.86	PB
5	Rory Mighton	Stornoway Running & AC	U14B	3.78	
6	Chris MacKay	Orkney Athletic Club	U14B	3.74	
7	Finlay Mercer	Shetland AAC	U14B	3.73	PB
8	Ruairidh Fraser	Inverness Harriers AAC	U14B	3.60	PB
9	Alexander MacLeod	Caithness AAC	U14B	3.52	PB
10	Lewis Ross	Inverness Harriers AAC	U14B	3.36	
11	Ross Budge	Stornoway Running & AC	U14B	3.36	
12	Finlay Saunders	Inverness Harriers AAC	U14B	3.28	
13	Kyle Munro	Stornoway Running & AC	U14B	3.23	
14	Matthew Grant	Ross County AC	U14B	2.81	
15	Donald John MacMillan	North Uist AAC	U14B	2.67	
16	Calum Craib	North Uist AAC	U14B	2.43	
17	Hugh McKenzie	Stornoway Running & AC	U14B	2.14	

North District Track & Field Championships 2012

U14 Boys Shot Putt (3.25kg)

1	Alex Geddes	Inverness Harriers AAC	U14B	7.97	PB
2	Ewan Ogilvie	Ross County AC	U14B	7.00	PB
3	Rory Ferguson	Nairn AAAC	U14B	6.89	PB
4	Uisdean Smith	Stornoway Running & AC	U14B	6.77	PB
5	Harry Siderfin	Orkney Athletic Club	U14B	5.94	PB
6	Charles Angus	Caithness AAC	U14B	4.86	
7	Robert Thompson	Caithness AAC	U14B	4.18	PB

North District Track & Field Championships 2012

U16 Boys

U16 Boys 100m (Final)		ws -1.7		
1	Aidan Jarmson	Shetland AAC	U16B	12.42
2	Craig Wares	Caithness AAC	U16B	12.76
3	Lewis Dinsdale	Inverness Harriers AAC	U16B	12.88
4	Alasdair Stark	Inverness Harriers AAC	U16B	12.92
5	Callum Alexander	Moray Road Runners	U16B	13.17
6	Fergus Mclvor	Orkney Athletic Club	U16B	13.23
7	Callum Campbell	North Uist AAC	U16B	13.25
8	Alex Stevenson	Orkney Athletic Club	U16B	13.27
U16 Boys 100m (Heat 1)		ws -2.4		
1	Craig Wares	Caithness AAC	U16B	12.50 PB
2	Aidan Jarmson	Shetland AAC	U16B	12.54
3	Lewis Dinsdale	Inverness Harriers AAC	U16B	12.67
4	Alex Stevenson	Orkney Athletic Club	U16B	13.06
5	Callum Alexander	Moray Road Runners	U16B	13.16
6	Fergus Mclvor	Orkney Athletic Club	U16B	13.17
U16 Boys 100m (Heat 2)		ws -0.2		
1	James Nicolson	Orkney Athletic Club	U16B	13.27
2	Alasdair Rigby	Stornoway Running & AC	U16B	13.29 PB
3	Gavin Darroch	Inverness Harriers AAC	U16B	13.45
4	Rory Harkness	Shetland AAC	U16B	14.14
5	Findlay Donegan	Elgin AAC	U16B	14.21 PB
6	Jack Gordon	Orkney Athletic Club	U16B	16.13
U16 Boys 100m (Heat 3)		ws -2.1		
1	Alasdair Stark	Inverness Harriers AAC	U16B	12.99
2	Callum Campbell	North Uist AAC	U16B	13.14
3	Alastair McPhail	Caithness AAC	U16B	14.10
4	Connor MacLeod	North Uist AAC	U16B	14.13
5	Magnus Fraser	North Uist AAC	U16B	14.33
6	Ross McTaggart	Stornoway Running & AC	U16B	14.40
U16 Boys 100m Hurdles (Final)		ws -0.3		
1	Rory Harkness	Shetland AAC	U16B	20.58
U16 Boys 1500m (Final)				
1	Connor MacLean	Stornoway Running & AC	U16B	4:32.08
2	Luke Shaw	Ross County AC	U16B	4:32.13
3	Scott Lisle	Inverness Harriers AAC	U16B	4:43.00 PB
4	Lewis Holmes	East Sutherland AC	U16B	4:54.00
5	James Geddes	Inverness Harriers AAC	U16B	4:59.86 PB
6	Ruairidh G Gollan	East Sutherland AC	U16B	5:18.54
7	Michael J Laing	Moray Road Runners	U16B	no time
U16 Boys 200m (Final)		ws -3.2		
1	Aidan Jarmson	Shetland AAC	U16B	25.35
2	Lewis Dinsdale	Inverness Harriers AAC	U16B	25.46
3	Craig Wares	Caithness AAC	U16B	26.00
4	Callum Campbell	North Uist AAC	U16B	26.66
5	Callum Alexander	Moray Road Runners	U16B	26.71
6	Fergus Mclvor	Orkney Athletic Club	U16B	26.85
7	Alasdair Stark	Inverness Harriers AAC	U16B	27.35
U16 Boys 200m (Heat 1)		ws -2.6		
1	Aidan Jarmson	Shetland AAC	U16B	25.04
2	Craig Wares	Caithness AAC	U16B	25.52
3	Lewis Dinsdale	Inverness Harriers AAC	U16B	25.56
4	Fergus Mclvor	Orkney Athletic Club	U16B	26.62
5	Callum Alexander	Moray Road Runners	U16B	26.63
6	Alasdair Stark	Inverness Harriers AAC	U16B	26.64 PB
7	Gavin Darroch	Inverness Harriers AAC	U16B	27.39

North District Track & Field Championships 2012

U16 Boys 200m (Heat 2)

ws -3.4

1	Callum Campbell	North Uist AAC	U16B	27.05
2	Joe Gregg	Orkney Athletic Club	U16B	27.89 PB
3	Alasdair Rigby	Stornoway Running & AC	U16B	28.20
4	Ross McTaggart	Stornoway Running & AC	U16B	29.58
5	Findlay Donegan	Elgin AAC	U16B	30.62

U16 Boys 400m (Final)

1	Connor MacLean	Stornoway Running & AC	U16B	59.49 PB
2	Paul Morrison	North Uist AAC	U16B	59.58
3	Joe Gregg	Orkney Athletic Club	U16B	61.49 PB

U16 Boys 800m (Final)

1	Liam David Barnsby	East Sutherland AC	U16B	2:12.02 PB
2	Paul Morrison	North Uist AAC	U16B	2:21.00 PB
3	Andrew Davis	Orkney Athletic Club	U16B	2:21.28 PB
4	Alastair McPhail	Caithness AAC	U16B	2:34.17
5	Cameron Lisle	Inverness Harriers AAC	U16B	2:36.59 PB

U16 Boys Discus (1.25kg)

1	George Evans	Inverness Harriers AAC	U16B	30.49
2	John Grant	Ross County AC	U16B	25.61

U16 Boys Hammer (4kg)

1	Jack Mitchell	Moray Road Runners	U16B	32.50
2	John Grant	Ross County AC	U16B	22.62

U16 Boys High Jump

1	Alex Stevenson	Orkney Athletic Club	U16B	1.45
2	Michael J Laing	Moray Road Runners	U16B	1.40

U16 Boys Javelin (600g)

1	Alex Stevenson	Orkney Athletic Club	U16B	39.74 PB
2	Callum Alexander	Moray Road Runners	U16B	38.53
3	Craig Wares	Caithness AAC	U16B	31.79 PB
4	Connor MacLean	Stornoway Running & AC	U16B	31.64 PB
5	Michael J Laing	Moray Road Runners	U16B	23.75 PB
6	Ruaridh Gray	Inverness Harriers AAC	U16B	17.00

U16 Boys Long Jump

1	Laurence Donkers	North Uist AAC	U16B	4.98 PB
2	Fergus McIvor	Orkney Athletic Club	U16B	4.65
3	Alasdair Rigby	Stornoway Running & AC	U16B	4.43 PB
4	Magnus Fraser	North Uist AAC	U16B	4.31
5	Findlay Donegan	Elgin AAC	U16B	4.23
6	Alastair McPhail	Caithness AAC	U16B	4.09
7	Cameron Lisle	Inverness Harriers AAC	U16B	4.00 PB
8	Ross McTaggart	Stornoway Running & AC	U16B	3.75

U16 Boys Shot Putt (4kg)

1	George Evans	Inverness Harriers AAC	U16B	12.79
2	John Grant	Ross County AC	U16B	10.61
3	James Nicolson	Orkney Athletic Club	U16B	10.37 PB
4	Lewis Dinsdale	Inverness Harriers AAC	U16B	9.85
5	Connor MacLeod	North Uist AAC	U16B	7.79
6	Rory Harkness	Shetland AAC	U16B	6.06
7	Ruaridh Gray	Inverness Harriers AAC	U16B	5.76

U16 Boys Triple Jump

1	Laurence Donkers	North Uist AAC	U16B	10.47
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North District Track & Field Championships 2012

U18 Men

U18 Men 100m (Final)		ws +1.3		
1	George Goddard	Inverness Harriers AAC	U18M	12.09 PB
2 =	Harry Barton	Inverness Harriers AAC	U18M	12.69
2 =	Chris Mollison	Inverness Harriers AAC	U18M	12.69 PB
4	Ronan Donaldson	Orkney Athletic Club	U18M	12.83
U18 Men 110m Hurdles (Final)		ws -0.3		
1	Ruairidh Muncaster	North Uist AAC	U18M	18.69
U18 Men 1500m (Final)				
1	Sean Chalmers	Inverness Harriers AAC	U18M	4:19.94
U18 Men 200m (Final)		ws -3.7		
1	George Goddard	Inverness Harriers AAC	U18M	25.31
2	Ronan Donaldson	Orkney Athletic Club	U18M	27.13
U18 Men 400m (Final)				
1	Fraser Scott	Forres Harriers	U18M	54.19 PB
2	Harry Barton	Inverness Harriers AAC	U18M	55.08 PB
3	Ronan Donaldson	Orkney Athletic Club	U18M	59.59 PB
4	Ruairidh Muncaster	North Uist AAC	U18M	60.44
5	Kenneth MacSween	Stornoway Running & AC	U18M	64.56
U18 Men 800m (Final)				
1	Sean Chalmers	Inverness Harriers AAC	U18M	1:59.98 PB
2	Finlay Murray	East Sutherland AC	U18M	2:01.33 PB
3	Kenneth MacSween	Stornoway Running & AC	U18M	2:22.77
U18 Men High Jump				
1	Ben Mitchell	Moray Road Runners	U18M	1.65
U18 Men Javelin (700g)				
1	Scott Fraser	East Sutherland AC	U18M	35.31 PB
U18 Men Shot Putt (5kg)				
1	Scott Fraser	East Sutherland AC	U18M	8.89 PB
U18 Men Triple Jump				
1	Chris Mollison	Inverness Harriers AAC	U18M	11.12

North District Track & Field Championships 2012

U20 Men

U20 Men 100m (Final)		ws -0.2		
1	Haydn Thomason	Shetland AAC	U20M	11.62
2	Adam Hobson	Inverness Harriers AAC	U20M	12.14
3	Craig Cameron	Inverness Harriers AAC	U20M	12.32
4	Ross Fraser	Inverness Harriers AAC	U20M	12.48
U20 Men 1500m (Final)				
1	Stuart Michael	Inverness Harriers AAC	U20M	4:45.61 PB
U20 Men 200m (Final)				
1	Haydn Thomason	Shetland AAC	U20M	23.38
2	Gaius Bews	Orkney Athletic Club	U20M	24.50
3	Paul Davidson	Inverness Harriers AAC	U20M	25.00
4	Ross Fraser	Inverness Harriers AAC	U20M	25.90
U20 Men 400m (Final)				
1	Haydn Thomason	Shetland AAC	U20M	50.63 PB
2	Anas Nfaou	Shetland AAC	U20M	52.35 PB
3	Ben Nelson	Inverness Harriers AAC	U20M	52.42 PB
4	Gaius Bews	Orkney Athletic Club	U20M	53.12 PB
5	Adam Hobson	Inverness Harriers AAC	U20M	53.27
6	Eoghan MacNamara	Inverness Harriers AAC	U20M	54.46 PB
7	Paul Davidson	Inverness Harriers AAC	U20M	54.49 PB
U20 Men 5000m (Final)				
1	Graham Black	North Uist AAC	U20M	19:34.01
U20 Men 800m (Final)				
1	Anas Nfaou	Shetland AAC	U20M	2:01.47 PB
2	Stuart Michael	Inverness Harriers AAC	U20M	2:09.68 PB
3	Sean Smith	Shetland AAC	U20M	2:11.58
U20 Men Javelin (800g)				
1	Adam Hobson	Inverness Harriers AAC	U20M	45.19 PB
U20 Men Long Jump				
1	Craig Cameron	Inverness Harriers AAC	U20M	5.88
2	Gaius Bews	Orkney Athletic Club	U20M	5.68
3	Graham Black	North Uist AAC	U20M	4.77
4	Ross Fraser	Inverness Harriers AAC	U20M	4.61
U20 Men Shot Putt (6kg)				
1	Anas Nfaou	Shetland AAC	U20M	9.08 PB
U20 Men Triple Jump				
1	Eoghan MacNamara	Inverness Harriers AAC	U20M	11.25
2	Craig Cameron	Inverness Harriers AAC	U20M	11.17
3	Graham Black	North Uist AAC	U20M	10.63

North District Track & Field Championships 2012

Senior Men

Senior Men 100m (Final)		ws -0.2			
1	Alastair Beaton	Inverness Harriers AAC	SM	11.43	
2	Stuart Laing	Inverness Harriers AAC	SM	11.52	
Senior Men 1500m (Final)					
1	Murdo MacKenzie	Stornoway Running & AC	SM	4:25.95	
Senior Men 200m (Final)					
1	Alastair Beaton	Inverness Harriers AAC	SM	23.46	
2	Stuart Laing	Inverness Harriers AAC	SM	23.73	
3	Nathanael Lucas	Elgin AAC	SM	25.39	
Senior Men 400m (Final)					
1	Alan Williamson	Shetland AAC	SM	53.34	PB
Senior Men 5000m (Final)					
1	Stephen MacKay	Inverness Harriers AAC	SM	17:11.62	
Senior Men Discus (2kg)					
1	Gary Sweeney	Moray Road Runners	SM	36.33	
2	David Ogilvie	Ross County AC	SM	35.76	PB
3	Edward McKenzie	Aberdeen AAC	SM	31.06	
Senior Men Hammer (7.26kg)					
1	David Ogilvie	Ross County AC	SM	32.28	
2	Edward McKenzie	Aberdeen AAC	SM	27.99	
Senior Men Javelin (800g)					
1	Edward McKenzie	Aberdeen AAC	SM	36.21	
Senior Men Long Jump					
1	Nathanael Lucas	Elgin AAC	SM	5.20	
Senior Men Pole Vault					
1	Edward McKenzie	Aberdeen AAC	SM	2.60	
Senior Men Shot Putt (7.26kg)					
1	Gary Sweeney	Moray Road Runners	SM	12.52	
2	David Ogilvie	Ross County AC	SM	11.42	
3	Edward McKenzie	Aberdeen AAC	SM	11.06	
4	Malcolm Cleghorn	Ross County AC	SM	10.06	